An introduction to the creating and embedding digital learning spaces in education: Suggested Reading/Bibliography

1.1 INTRODUCTION

As part of the THETA project useful sources are provided here to help in the provision of research-informed pedagogical decision-making.

1.2 Learning theories as the basis for embedding and developing new immersive educational content for hospitality

In the field of education and instructional design, various learning theories and models have been developed to understand different learning styles and enhance the learning process (Cassidy, 2004). With the advent of immersive technologies, such as virtual reality (VR), new theories and models have emerged to explore the unique opportunities offered by these immersive learning environments. The subsequent table provides an overview of key learning theories and models synonymous with immersive learning, highlighting their underlying concepts and proponents.

Learning Theory/Model	Key Concepts	Main Proponents	Year of Publicatio n
Constructivism	- Learning as a process created by the learner	Vygotsky	2016
	- Integration of new knowledge with prior knowledge		
	 Comparing and connecting new information to life experiences Changing mental models to reflect new knowledge 		
Experiential Learning	 - Learning from experience - Reflecting on experiences to draw new learning - Applying new knowledge to future situations 	Kolb	1984
Situated Cognitive Theory	 Context as a crucial factor in learning Interactions between people in specific contexts 	Lui & Goel	2022
Cognitive Theory of Multimedia Learning	- Benefits of multimedia in education	Mayer	2009

- Processing text and pictures to build mental representations - Creating meaning through combining words and pictures Cognitive Affective Model of - Framework for immersive learning Makransky 2021 Immersive Learning (CAMIL) in VR environments & Petersen - Emphasis on instructional methods in VR learning experiences - Technological factors (immersion, control, environmental realism) - Learner presence and agency - Affective and cognitive aspects (interest, motivation, self-efficacy, - Positive educational outcomes

Table 1: Illustrative overview of learning theories for developing immersive content

Based on these insights into theories and models synonymous with immersive learning, it is evident that generative learning strategies play a significant role in making meaning from information and enhancing understanding (Makransky & Petersen, 2021). Generative learning strategies to increase understanding include summarizing, mapping, drawing, imagining, self-testing, explaining, teaching and enacting. Parong & Mayer (2018) found that a high-end immersive content based on VR was less effective than a traditional powerpoint presentation for obtaining factual knowledge. VR can be more suited to procedural learning or practical knowledge due to providing the conditions for procedural rehearsal.

However, generative learning strategies such as summarization can enhance factual and conceptual knowledge when used in conjunction with an immersive learning activity. Providing learners with factual knowledge (an understanding of key terms and concepts) prior to immersive learning activities, allows learners to interpret their learning experiences more meaningfully. Furthermore, due to high cognitive load (high levels of stimuli overloading working memory) and high presence and agency of immersive learning, reflection can serve as a method to decouple experience and allow time for enactment of cognitive processes related to making the experience meaningful for the learner by integrating the new knowledge into existing knowledge structures (Makransky & Petersen, 2021).

Building on the insights on learning styles and theories, we understand virtual reality (VR) and augmented reality (AR) as the technological basis for embedding immersive content within hospitality education.

Recent studies from other fields have revealed the positive impacts of the incorporation of immersive content on learning (de Back et al., 2021; Cárdenas-Sainz et al., 2022), yet more research on interactive learning environments is required. In particular, de Back et al. (2021), highlighted the difficulties associated with introducing immersive virtual options with **large group sizes** and the practicalities in **timing** its introduction and use.

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